

WOMEN'S FOOTBALL

with **STEVE BARNETT**

LEAGUE CUP: SEMI-FINAL

EVERTON 2, ARSENAL 1

ARSENAL Ladies missed out on a place in the League Cup final on Sunday when they were beaten in extra time by Everton.

The holders found themselves a goal down after only three minutes when Natasha Dowie scored from close range. Things went from bad to worse for the Gunners in the 25th minute when goalkeeper Emma Byrne was sent off for punching the Toffees' goalscorer.

Despite their numerical disadvantage Arsenal equalised when Kim Little scored from the spot following Dowie's hand-ball.

The game remained level until deep into extra time when Emily Westwood headed home the winner to send Everton into the final.

The defeat overshadowed Arsenal's 6-2 victory over Watford on Thursday in the Premier League.

The north Londoners boasted six different goalscorers, with Little, Julie Fleeting, Katie Chapman, Gemma Davison, Jayne Ludlow and Helen Lander all finding the back of the net.

GREATER LONDON LEAGUE

THE JOHN GREENACRE
MEMORIAL TROPHY

ISLINGTON 2, HAMPSTEAD 7

HAMPSTEAD continued their 100 per cent start to the season on Sunday with a comfortable cup win over Islington.

Cat Forbes opened the scoring on 21 minutes with a well-taken half-volley from the edge of the area. Centre-back Sefryn Penrose doubled the advantage within minutes when she scored her first goal in 10 years with a speculative lob that sneaked over the keeper.

Player-of-the-match Rhi Gladman scored a quick-fire double, before completing her hat-trick from the penalty spot after Claire Arnold was brought down in the box. Arnold then made it 6-0 with a neat side-foot finish, a goal that sparked a complacent spell that saw Hampstead concede twice against their Islington rivals.

Gladman was to have the final say, however, as she grabbed her fourth goal of the game with a delightful free-kick to seal a resounding 7-2 victory.